

Prayer after child's exposure to pornography

Lead your child in prayer. If your child prefers, you can say the words and they can repeat them. The below may provide a helpful guideline.

Jesus, I confess here and now that you are my Creator, and my saviour. I have been bought with your blood. My life, my mind, my body, and my sexuality belong to God. Jesus, I present myself to you now to be made whole and holy in every way. I cover my mind and my body with the blood of Jesus Christ. I submit my mind and body completely to the Lordship of Jesus Christ.

Jesus, I invite you to come, heal, and cleanse and purify my heart and mind. I ask that you give me a hunger for purity, holiness and truth. Help me to shield my eyes from everything and anyone that is not pure. Give me the strength and desire to resist the temptation of pornography.

[Additional prayer, if child has been viewing porn for an extended period of time -]

Lord Jesus, You promised that if we confess our sins, you are faithful and just to forgive us our sins and cleanse us from all unrighteousness (1 John 1:9). I ask your forgiveness for my sins of using pornography. Thank you for forgiving me and cleansing me. I receive your forgiveness and cleansing. I renounce every claim I have given Satan to my life or sexuality through this sin. Those claims are now broken by the cross and blood of Jesus Christ (Colossians 2:13–15).

Lord Jesus, I thank you for offering me total and complete forgiveness. I receive that forgiveness now, and I choose to forgive myself for this wrongdoing.

It's in Jesus name that I pray. Amen.

A note: Sexuality is deep and core to our nature as a human being, and healing and restoration should be taken seriously. You may find you need to pray through multiple times or need extended prayer for deeper healing, for your child to experience a lasting freedom. If you'd like prayer for healing in this area from the Rhema team, please don't hesitate to let us know.